Embrace

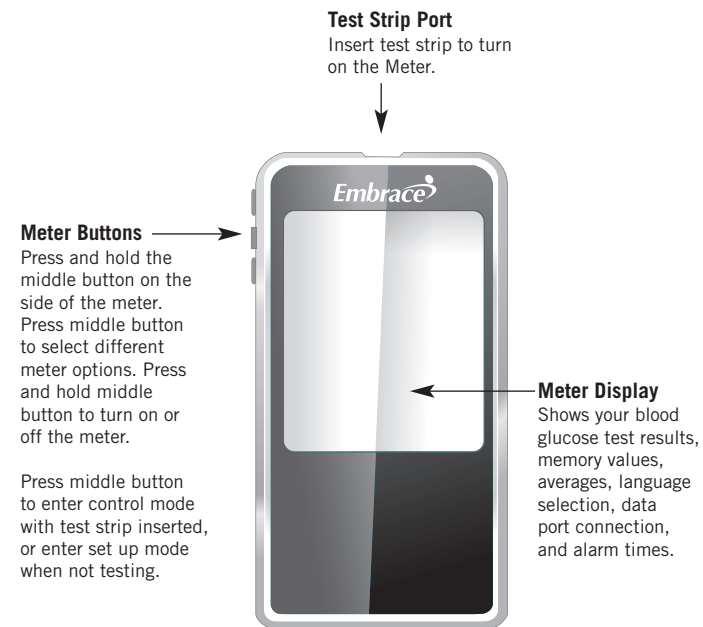## No Code Meter Quick Reference Guide

Note: Please read through your Meter User Manual before using this guide.

OMNIS HEALTH

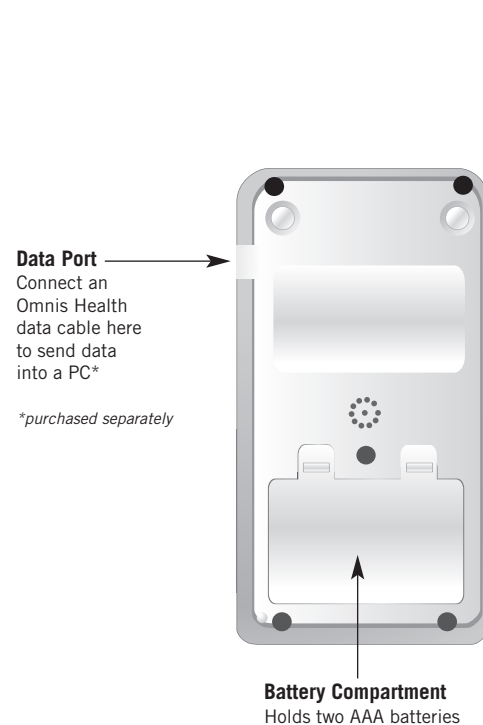### Front of the Embrace No Code Meter

Test Strip Port
Insert test strip to turn on the Meter.

Meter Buttons
Press and hold the middle button on the side of the meter. Press middle button to select different meter options. Press and hold middle button to turn on or off the meter.

Press middle button to enter control mode with test strip inserted, or enter set up mode when not testing.

Meter Display
Shows your blood glucose test results, memory values, averages, language selection, data port connection, and alarm times.

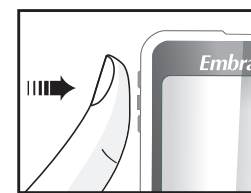*Note: Please refer to the Embrace No Code instruction manual for more complete and detailed instructions and important safety warnings.*

Back of the Embrace No Code Meter

Data Port
Connect an Omnis Health data cable here to send data into a PC*

purchased separately

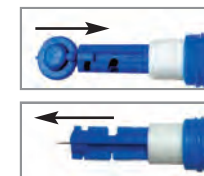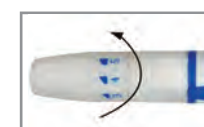**Battery Compartment**
Holds two AAA batteries

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1. Press and hold the middle button to turn on the meter.

2. Current year will flash, adjust to the correct year by pressing the center button to confirm your choice.

3. Current year will flash, adjust to the correct year by pressing up or down with the arrow buttons, press the center button in to confirm your choice.
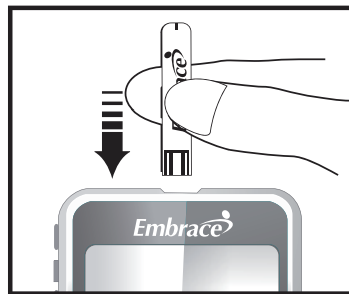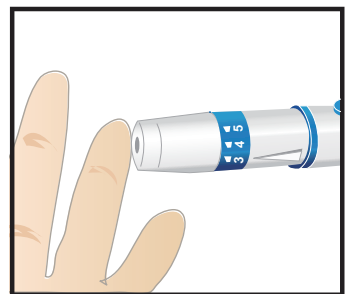
Enter Button

Up and Down Buttons

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1. Twist off the lancing device cap and insert an unused lancet.

2. Twist the protective cover off from the lancet.

3. Place the lancing device cap back onto the lancing device and adjust the puncture setting (1 is lightest and 5 is deepest).

4. Pull back on the lancing device.

5. Press the button to lance.

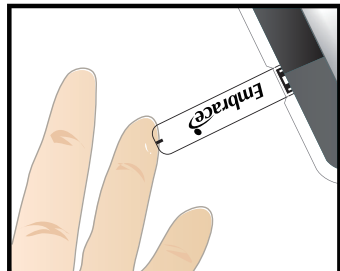*Embrace Lancing Device included in Starter Kit option (see page 4 in User Manual).*
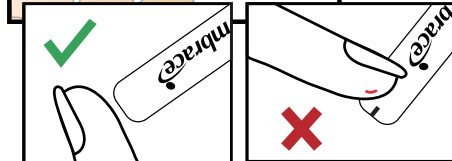
1. Insert the test strip to turn on the Meter.

2. Wait for the blood drop symbol to appear on the LCD.

3. Lance your finger.

Note: Please refer to the Embrace No Code instruction manual for more complete and detailed instructions and important safety warnings.

4. Bring your lanced finger close to the tip of the test strip as shown. Blood will be pulled in when contact with the tip of the test strip is made.

5. Your blood glucose result will show up in 6 seconds.

1. Turn on the Meter by pressing and holding the center button in
2. Press the center button in again to enter function mode
3. Press the center button again when 'mem' icon flashes to enter memory recall

Press the top button to see stored results from the most recent to oldest. Your Meter can hold up to 300 dates and time stamped results. Control solution results will be flagged by 'ctl' icon at the lower left hand corner. When the Meter memory is empty, the screen will show 'nil.'
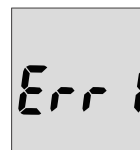
Scroll down to see the average of the results. The averages are 7, 14, and 30 days.
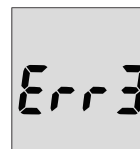
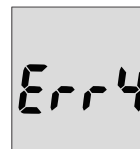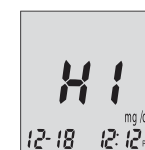| Message	Description and Remedy
Err1	**Electronic malfunction.** Take the batteries out and insert them into the Meter again and turn on. If the message is still there, contact 1-877-979-5454.
Err3	**Used test strip.** Insert a new unused test strip and test again.
Err4	**Not enough blood in the test strip.** Insert a new test strip and test again. Make sure the blood fills the confirmation window completely.

CAUTION: IF YOU SEE "HI" OR "LO" DISPLAYED, YOUR BLOOD GLUCOSE LEVEL MAY BE ABOVE 600 MG/DL OR BELOW 20 MG/DL, REPEAT TESTING. IF YOU STILL RECEIVE THE SAME RESULT, CALL YOUR PHYSICIAN OR HEALTHCARE PROFESSIONAL IMMEDIATELY.
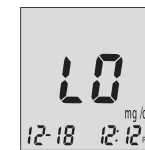
Message	Description and Remedy
HI	**Test result is higher than 600 mg/dL.** Use a new test strip and test again. If the result is still the same, call your physician or healthcare professional immediately.
LO	**LO Test result is lower then 20 mg/dL.** Use a new test strip and test again. If the result is still the same, call your physician or healthcare professional immediately.

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